


NATCHITOCHEES PARISH

BREAKFAST Menus for K-12th October 2020



Menus are subject to change without notice due to challenges in delivery or availability.

			1	Muffin Juice Milk	2	Pop Tart Mixed Fruit Milk			
5	Breakfast Burrito Pears Milk	6	Biscuit&Sausage Juice Milk	7	Pancake Wrap Mixed Fruit Milk	8	Cinnamon Roll Juice Milk		
12	12  FALL BREAK	13	Sausage Roll Juice Milk	14	Cereal Buttered Toast Pears Milk	15	Breakfast Buns Juice Milk		
19	Breakfast Bites Pears Milk	20	French Toast Juice Milk	21	Breakfast Burrito Peaches Milk	22	Pancakes Juice Milk		
26	Breakfast Buns Peaches Milk	27	Cheese Toast Juice Milk	28	French Toast Mixed Fruit Milk	29	Muffin Juice Milk		
						30	Pop Tart Pears Milk		
							16	Waffles Peaches Milk	
								23	Cinnamon Roll Mixed Fruit Milk

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

Natchitoches Parish LUNCH Menus for K-12th October 2020

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			1	Ham & Cheese Broccoli Mixed Fruit Milk	2	Corndog Seasoned Corn Pears Milk	
5	BBQ Rib Sandwich Baked Beans Peaches Milk	6	Pizza Seasoned Corn Mixed Fruit Milk	7	Cheeseburger French Fries Pears Milk	8	Chicken Tender Seasoned Green Beans Peaches Milk
12	 FALL BREAK	13	Beef Gravy w/Rice Sweet Potatoes Mixed Fruit Milk	14	Chicken Sandwich French Fries Peaches Milk	15	Jambalaya Broccoli & Cheese Pears Milk
19	Chili Crispito Refried Beans Pears Milk	20	Oven Baked Chicken Mashed Potatoes Mixed Fruit WG Roll Milk	21	BBQ Rib on Bun French Fries Peaches Milk	22	Chicken Spaghetti Seasoned Green Beans Peaches Breadstick Milk
26	Chicken Sandwich Bake Beans Mixed Fruit Milk	27	Grill Cheese Green Beans Peaches Milk	28	Hamburger French Fries Pears Milk	29	Ham & Cheese Broccoli Mixed Fruit Milk
					30	Corndog Seasoned Corn Pears Milk	
16	 FALL BREAK	16	Hot Dog on Bun Bake Beans Mixed Fruit Milk	23	Taco Burger Corn on the cob Pears Milk		

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