




AGRICULTURES PARISH

BREAKFAST Menus for K-12th January 2020

Menus are subject to change without notice due to challenges in delivery or availability.

					
6	7	8	9	10	
PROFESSIONAL DEVELOPMENT	Waffles Applesauce Juice Milk Choice	Biscuit Sausage Mandarin Oranges Juice Milk Choice	Buttered Toast Scrambled Eggs Mixed Fruit Juice Milk Choice	Breakfast Bun Pears Juice Milk Choice	
13	14	15	16	17	
French Toast Sticks Pineapples Juice Milk Choice	Choice of Muffin Pears Juice Milk Choice	Sausage Roll Applesauce Juice Milk Choice	Pop Tarts Peaches Juice Milk Choice		
20	21	22	23	24	
	Breakfast Burrito Pears Juice Milk Choice	Cheese Toast Mixed Fruit Juice Milk Choice	Pancake on a Stick Peaches Juice Milk Choice	Cinnamon Roll Applesauce Juice Milk Choice	
27	28	29	30	31	
Breakfast Bites Peaches Juice Milk Choice	Cinnamon Toast Scrambled Eggs Mixed Fruit Juice Milk Choice	Breakfast Pizza Pears Juice Milk Choice	Biscuit Ham Strawberries Juice Milk Choice	Cereal Toast Banana Juice Milk Choice	

Non-discrimination Statement: This explains what to do if you believe you have been treated unfairly. "In accordance with Federal Law and U.S. Department of Agriculture



policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex, age or disability. To file a complaint of discrimination, write USDA Director, Office of Adjudication, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call toll free (866) 632-9992 (VOICE). Individuals who are hearing impaired or have speech disabilities may contact USDA through the Federal Relay Service at (800) 877-8339; or (800) 845-6136 (Spanish). USDA is an equal opportunity provider and employer".

NAIHTOCHES PARISH

LUNCH Menus for K-12th January 2020

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<p>6</p> <p>PROFESSIONAL DEVELOPMENT</p>	<p>7</p> <p><i>Chili Dog on Bun Cheesy Broccoli Bake Beans Pineapples Choice of Milk</i></p>	<p>8</p> <p><i>Ham & Cheese Sandwich French Fries Salad Cup Fresh Apples Choice of Milk</i></p>	<p>9</p> <p><i>Chicken Gravy w/Rice Glazed Carrots California Vegetables Mandarin Oranges WG Roll Choice of Milk</i></p>	<p>10</p> <p><i>Frito Pie Corn Refried Beans Peaches Cookie Choice of Milk</i></p>
<p>13</p> <p><i>Chicken Tenders Mashed Potatoes & Gravy Mixed Vegetables Mixed Fruit WG Roll Choice of Milk</i></p>	<p>14</p> <p><i>Beef Gravy Steamed Rice Steamed Broccoli Orange Glazed Carrots Strawberries WG Roll Choice of Milk</i></p>	<p>15</p> <p><i>BBQ Rib Patty on Bun French Fries Baked Beans Pineapples Choice of Milk</i></p>	<p>16</p> <p><i>Chili Crispito Refried Beans Salsa Seasoned Corn Apple Wedges Choice of Milk</i></p>	<p>17</p> 
<p>20</p> 	<p>21</p> <p><i>Pizza Seasoned Corn Broccoli Florets Applesauce Choice of Milk</i></p>	<p>22</p> <p><i>Chicken Sandwich French Fries Salad Cup Strawberries Choice of Milk</i></p>	<p>23</p> <p><i>Spaghetti w/Meatsauce Green Beans Garden Salad Pears Breadsticks Choice of Milk</i></p>	<p>24</p> <p><i>Nachos Refried Beans Salsa Peaches Cookie Choice of Milk</i></p>
<p>27</p> <p><i>Breaded Chicken Patty Mashed Potatoes w/Gravy Steamed Broccoli Strawberries WG Roll Choice of Milk</i></p>	<p>28</p> <p><i>Beans w/Ham & Rice Turnip Greens Sweet Potatoes Baked Cinnamon Apples Cornbread Choice of Milk</i></p>	<p>29</p> <p><i>Hamburger/Cheeseburger French Fries Salad Cups Mixed Fruit Choice of Milk</i></p>	<p>30</p> <p><i>Soft or Hard Tacos Salad Cup Refried Beans Salsa Peaches Choice of Milk</i></p>	<p>31</p> <p><i>Corndog Bake Beans Corn Pears Cookie Choice of Milk</i></p>

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REVISED 1/6/2020

LUNCH Menus for Head Start January 2020

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<i>Happy New Year</i>		1	2	3
6		7	8	9
	Breaded Chicken Pattie Cheesy Broccoli Bake Beans Pineapples Unflavored 1% Milk	Ham & Cheese Sandwich French Fries Salad Cup Fresh Apples Unflavored 1% Milk	Chicken Gravy w/Rice Glazed Carrots California Vegetables Mandarin Oranges WG Roll Unflavored 1% Milk	Frito Pie Corn Refried Beans Peaches Unflavored 1% Milk
13	14	15	16	17
Chicken Tenders Mashed Potatoes & Gravy Mixed Vegetables Mixed Fruit WG Roll Unflavored 1% Milk	Beef Gravy Steamed Rice Steamed Broccoli Orange Glazed Carrots Strawberries WG Roll Unflavored 1% Milk	BBO Rib Patty on Bun French Fries Baked Beans Pineapples Unflavored 1% Milk	Chili Crispito Refried Beans Salsa Seasoned Corn Apple Wedges Unflavored 1% Milk	
20	21	22	23	24
	Pizza Seasoned Corn Broccoli Florets Applesauce Unflavored 1% Milk	Chicken Sandwich French Fries Salad Cup Strawberries Unflavored 1% Milk	Spaghetti w/Meatsauce Green Beans Garden Salad Pears Breadsticks Unflavored 1% Milk	Nachos Refried Beans Salsa Peaches Unflavored 1% Milk
27	28	29	30	31
Breaded Chicken Pattie Mashed Potatoes w/Gravy Steamed Broccoli Strawberries WG Roll Unflavored 1% Milk	Beans w/Ham & Rice Turnip Greens Sweet Potatoes Baked Cinnamon Apples Cornbread Unflavored 1% Milk	Hamburger/Cheesburger French Fries Salad Cups Mixed Fruit Unflavored 1% Milk	Tacos Salad Cup Refried Beans Salsa Peaches Unflavored 1% Milk	Baked Chicken Bake Beans Corn Pears Unflavored 1% Milk

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